

Ohio State Buckeyes

"Good For Your Soul"

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Have you ever felt that somehow
You were not yourself
That your body was the same
But everything around you wasn't right
And images so strange and foreign
Flooded in like raging water

Have you ever been in love
With someone you hardly knew
Whereas every time you closed your eyes,
You saw this person come alive
It kept you wide awake at night
You felt like you were burning up
In pain, you want to scream
Then you passed out in a dream

CHORUS

Just once or twice is good for your soul
Just once or twice is good for your soul
If you don't stop, you'll lose control
Just once or twice is good for your soul

Every lay there half asleep all hours of the night
With some nagging demon tugging at that tiny bell
Inside your mind
When suddenly that strange idea
Bursts into an inspiration
You grab for it and then
The whole thing slips right through your fingers

CHORUS

Just once or twice is good for your soul
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It's good for your soul
It's good for your soul
It's good for your soul
It's good for your soul

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