

Cristopher Cross

"Let it Flow"

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"And I am MC Heavy D.." {*scratched 3X*}

[Heavy D]

The Heavster, measure the pleasure then treasure the
note

that I wrote, and you can quote, flow like I row like a
boat

Takin a stand, don't need a hand

The man in command did Soul Train, next American
BAND-stand

An Overweight Lover discover, no other brother can
smother

If I ever fell I'd bounce back like rubber

I'm rough and tough, all that stuff, call my bluff

You can't enough of Mr. Big Stuff, let it flow

"And I am MC Heavy D.." {*scratched*}

Let it flow.. let it flow..

"And I am MC Heavy D.." {*scratched*}

Let it flow..

You get your rhyme from a hag bag, you thief from
Baghdad

You're soft as a sandbag, throw your rhyme in a Glad
bag

The way that you act like, as if you had mic fright

It seem that you're not bright, now I'ma do it right

Get used to a back mark, Lover my trademark

You're just like a hush puppy - no bite, all bark

You move when I say so, I flow when the wind blows

While I'm rippin and strippin you be peakin through a
window

Definitely for action, voted for Jesse Jackson

Instead of laggin we coulda been passin

Eddie F on the fade mix, the Boyz with the dance tricks

Dre with the management, Heav' D with the lyrics

Who said that I ain't dope, you're walkin a tightrope

You're livin for high hopes, I wonder what you smoke

Didn't come here to tip-toe, I came here to rip so

grab your partner, dosey-dos.. and let it flow

"And I am MC Heavy D.." {*scratched*}
Let it flow.. let it flow..
"And I am MC Heavy D.." {*scratched*}
Let it flow.. Eddie F, breakdown!

{*scratching: "DJ Eddie F"*}
Breakdown, break down like this!
{*scratching: "DJ Eddie F"*}

"And I am MC Heavy D.." {*scratched*}
"And I am MC Heavy D.." {*scratched*}

All rappers we remain the same, we try, we strain
But still some complain about the fame that we obtain
But I'ma refrain it's insane cause I'ma still gain
You want what's good, but can you stand the rain?
We think hard for what we want, then work harder to
get it
But you're too busy tryin to diss us, that's why you
forget it
Appreciate what you did, and I hope you keep doin it
But stop riffin, because you just might ruin it
For me, for you, for you and for me
Two wrongs never make a right let's keep good
company
You're welcome any night to come on my stage
because divided we fall, together we get PAID

"And I am MC Heavy D.." {*scratched*}
So, let it flow.. G-Wiz let it flow
"And I am MC Heavy D.." {*scratched*}
T-Roy it flow, Pete Rock let it flow
D.O. let it flow, Nick T let it flow
Eddie F let it flow..

{*scratches by Eddie F to end*}

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