# Nofx <br> "Hit It Hold It Back" 

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You tell me you don't like the taste
Drugs and alcohol are such a waste You got better things to do
Like hang around, be straight and screw
Enjoy your day, what to say
Hell of a friend why do they know
You don't know any compassion
You don't like the drink
You tell me I've ruined my life
Well I don't care what you think
Why do you say we're mad as hell
Why do you say we're mad as hell
I've got my own set of values
Why don't you go enjoy yourself?
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