

Nick Granato "Sun Worship"

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(Chorus) Sun worship, soaking up it's rays
Lying on the beach in the heat of the day
Sun worship, basking in it's glow,
Tempered by the waves and when the sea breezes
blow
Anointing their bodies with that special lotion,
Listening to their radio down by the oceanâ€¦
Sun worship all day longâ€¦.

(V1) You can find them when the sky is blue,
Down by the seaside, or out at the pool,
On a chaise lounge or a beach towel,
Bowling to the power of the Sunâ€¦

(V2) Coconut oil hangs in the air, Half-baked bodies
everywhere
Young & old, white & gold Some are just a serious
redâ€¦ oh noâ€¦

(Chorus)

(Bridge) They've heard the warnings and took the
advisement
But they have to have their dose of that ultra violetâ€¦
Sun worship all day longâ€¦.

(Spoken Break/Music)

Bronzed & beautiful, acting like they're all that and a
bag of chipsâ€¦ we all envy their unearned ability to tan
to perfection and never burnâ€¦ okâ€¦ we're just plain
jealousâ€¦ ahh but the tables do turnâ€¦ poetic justice
at it's bestâ€¦ we all get oldâ€¦ even those bronzed and
beautiful used to be'sâ€¦ uh huhâ€¦ see???!!! life can
be so good!!!! listen

(2nd Chorus) Sun worship, wrinkling away,
A permanent reminder of more glamorous days,
Sun worship, we all know where you've been,
It's written all over your old Naugothide skin
You've tried to fix it with lotions and creams,
You've got to admit it looks worse than it seemsâ€¦

Sun worship, where'd you go wrong,
Sun worship, you should have known all alongâ€¦
Sun worship, all day longâ€¦

Yeah go ahead and lie out in the sun and see what
happensâ€¦
That's what Grandma Isabel used to say!...lol

Words & Music By Nick Granato
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