## Natasha Bedingfield "Just Stand Up"

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All:

Everything will be alright, yeah

Beyoncé:

The heart is stronger
Than you think
It's like it can go
Through anything
And even when you think
It can't it finds a way
To still push on

Carrie Underwood:

Sometimes

Though

You want to run away Ain't got the patience

For the pain

And if you

Don't believe it

Look into

Your heart

The beat goes on

Rihanna:

I'm tellin' you that

Rihanna/Miley Cyrus:

Things get better

Through whatever

Rihanna:

If you fall

Dust it off

Don't let up

Sheryl Crow:

Don't you know

You can go

Be your own miracle

Beyoncé:

## You need to know

Chorus (Sheryl Crow):
If the mind
Keeps thinking
You've had enough
But the heart
Keeps telling you
Don't give up

Sheryl Crow/Beyoncé: Who are we to be Questioning Wondering what is what Don't give up Through it all Just stand up

Fergie: It's like We all have better days Problems getting all up In your face

Leona Lewis: Just because You go through it

Fergie: Don't mean it got To take control, no

Leona Lewis: You ain't gotta find No hiding place

Keyshia Cole: Because the heart Can beat the hate

Leona Lewis: Don't wanna Let your mind Keep playin' you

Keyshia Cole: And sayin' you Can't go on

Rihanna: I'm tellin' you that Miley Cyrus: Things get better Through whatever

Rihanna: If you fall

Miley Cyrus: Dust if off Don't let up

LeAnn Rimes: Don't you know you

Natasha Bedingfield: Can go

LeAnn Rimes: Be your own

Natasha Bedingfield: Miracle

Carrie Underwood: You need to know

(Chorus-All)

Mary J. Blige: You don't gotta be A prisoner In your mind

Ciara: If you fall Dust it off

Mary J. Blige: You can live your life

Rihanna/Carrie Underwood: Yeah

Mary J. Blige: Let your heart Be your guide

Rihanna/Carrie: Yeah, yeah, yeah Mariah Carey: And you will know That you're good If you trust in the good

Ashanti:
Everything
Will be alright, yeah
Light up the dark
If you follow your heart

Mary J. Blige: And it will get better

Mariah Carey: Through whatever

(Chorus All)

Fergie:
You got it in you
Find it within
You got in now
Find it within now
You got in you
Find it within
You got in now
Find it within now
You got in you
Find it within now
You got in you
Find it within
Find it within you

All: Through it all Just stand up

Find it within

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