## Mystik Journeymen "Body And Mind"

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BFAP:

What has rap become? And before your eyes, time is running

In this world all I got, in the end all I got In this world all I got, in the end all I got is, hit me

(Body and mind)

Body and mind (body and mind)

Body and mind (body and mind)

I didn't know it was you that day, when you stopped me on the streets

I was lost in my mind, that's why I couldn't even speak You told me to give you a call, but I doubt I will I ain't much for reminiscing, but I like you still I'm trying to live, but what is now, and I was in my eye

Reality is lost within my mother's lie

So now it's even harder to trust people

So words are less, I won't let you in

Girlfriends be hating this too

They think they automatically get in by saying "I love vou"

But do you really know me to love me

Instead you fucking try to mold me

And leave when shit is muddy waters

Feel my blues as I strums

I sit in crowds of people, and watch the bullshit run And then the fear I feel inside me, so does he, and so does she

We all scared, but no one's coming true

So who's really in your crew I thought you fucking knew

Yeah, hit me now

Impossible eyes, impossible eyes

(Body and mind)

Body and mind (body and mind)

Body and mind (body and mind)

(Body and mind) In this world all I got (body and mind)

In the end all I got is, (body and mind)

Body and mind (body and mind, body and mind)

PSC:

I had to put a halt to my intake of weed Reality checks was sneaking up on me when I was sleeping

I had to make a mental note of what I really need Cause every step in life, faulty fools might be creeping It's such a small scene in this bay, gotta play your cards right

Or escape from your problems, we hopped on a flight But you running from your problems so they won't cease

They only run within your mind and got potential to increase

Magnified, by the fears of a youth

And the truth lies inside check your inner mind for proof

And you'll find most the answers in yourself was financial

Wisdom first, and you'll love your mental health I was becoming hella hard to approach
But I seen both sides, and can admit that I hurt
Within this soul, my great release was imagination
Combined with faith, and belief of life I reach for patience

Not really knowing where, or when my shit would end But when I go out, at least I know I have some friends, and family

Everyone, you know

Body and mind, body and mind, body and mind (body and mind)

(Body and mind) In this world all I got (body and mind) In the end all I got, (body and mind)
Body and mind (body and mind, body and mind)

So what did we really learn today, what we really learn Hm, probably nothing, what a shame What a shame 4001, impossible eyes

Follow me, follow me Impossible eyes

Be true to your soul, you know what I'm saying? In the world all I got, body and mind, 4001

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