

Mystic Roots

"The only way"

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Give thanks and praise for all the things
that Jah Jah gives us everyday
help one another as if they are your brother

it is the only way
yeah yeah it is the only way

celebration through music
segregation refuse it
our education we use it
and intergration we choose it
break it down now
feel the groove now yeah
let it move ya yeah
feelin the groove now
yeah, yeah, yeah, yeah

whenever troubles get you down
and your temper gets away
call on your brother man to lend a helping hand

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