

## Municipal Waste

### "Bang Over"

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Another Sunday I'm battered and spent  
So many things happened that I might regret  
A weekly occurrence, what's strange about that?  
But it seems like to me there's a pain in my neck

Aches when I turn and when I look up  
It feels like my necks been hit by a truck  
Ears are still ringing  
Brains far from sober  
What can I do to stop this bangover?  
I rocked too hard and now I'm suffering

I wish this pain could go away  
Recalling things  
From yesterday  
My body spent  
That band played fast  
I got a case of drunken whiplash

Feels like I stage dove on my head  
I think I polished off a keg  
Your classic case of bangers neck  
A sting I will never forget

Fist in the air  
Whirlwind of hair  
Thrash music ringing through your ears  
These things all pass and here I lay  
Not going out for shit today!

Aches when I turn and when I look up  
It feels like my necks been hit by a truck  
Ears are still ringing  
Brains far from sober  
What can I do to stop this bangover?

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