

**Mtume****"You Ain't No Sailor"**

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Kate wasn't in to moderation  
That's what led to her frustration  
And the state of her crumbling heart  
Says I'm not a girl for temperance  
Though I know it's at my heart's expense  
But a downward spiral has to have a rock bottom

She paints the walls blue and green  
Singing about her lovers and dreams  
And explains her helpless desperation  
Take off your shoes  
Unravel your blues  
This place is full of beggars and choosers  
But the consequence of her liberty was bad

My heart wants to go one way  
My mind don't agree  
Cause they,  
They have fallen out recently

Know thyself  
She said as she guided me round the land of the dead  
Introducing her friends stuck in the same mess  
Ships might be built for sailing my love  
And easels made for painting  
But you ain't no sailor and I'll never be camera shy

My heart wants to go one way  
My mind don't agree  
Cause they,  
They have fallen out recently

She said  
Will I praise again?  
Oh will I praise again?

My heart wants to go one way  
My mind don't agree  
They,  
They have fallen out recently

She said  
Oh will I praise again?  
Oh will I praise again?

Will I,  
Will I sing again?  
Will I praise again?

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