

Mighty Mighty Bosstones

"Lift Up Your Hand"

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Life is not at all that bad my friend, mmm....
If you believe in yourself
If you believe there's someone
Who walks through life with you
You'll never be alone
Just learn to reach out
And open your heart
Lift up your hands to God
And He'll show you the way

And He said,
"Cast your burdens upon me,
Those who are heavily laden
Come to me all of you who are tired
Of carrying heavy loads
For the yoke I will give you is easy
And My burden is light
Come to Me and I will give you rest."

When you feel the world is tumbling down on you
And you have no one that you can hold on to
Just face the rising sun and you'll see hope
And there's no need to run
Lift up your hands to God
And He'll make you feel alright

And He said,
"Cast your burdens upon me,
Those who are heavily laden
Come to me all of you who are tired
Of carrying heavy loads
For the yoke I will give you is easy
And My burden is light
Come to Me and I will give you rest."

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