

# Mary Mary "Get Up"

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Layin' low  
Rest n' pause  
Sleeping long  
Slow motion  
Gonna do  
Shoulda, coulda  
Woulda done  
Excuses

What are you afraid of?  
Don't you know  
What you're made of?  
One of God's  
Greatest creations  
Take this invitation now

Get up  
'Cause you can't stop  
Get up  
Got a lot to do  
24 hours  
Almost gone  
Get up  
Don't sit there  
Get up  
If you wanna get there  
Clocks don't stop and  
Time won't wait

He said  
She said  
They said  
What do you say?  
It's your dreams  
Your choice  
Your time  
Your life  
So don't you  
Don't you  
Miss it

What are you afraid of?

Don't you know  
What you're made of?  
One of God's  
Greatest creations  
Take this invitation now

Get up  
'Cause you can't stop  
Get up  
Got a lot to do  
24 hours  
Almost gone  
Get up  
Don't sit there  
Get up  
If you wanna get there  
Clocks don't stop and  
Time won't wait

Welcome to the rest  
Of your life  
From now on, just try  
To live more, want more  
Work a little harder  
Dance more, laugh more  
Be a little smarter  
Hug a little longer  
Love a little stronger  
You've been down  
But now it's time to

Get up  
'Cause you can't stop  
Get up  
Got a lot to do  
24 hours  
Almost gone  
Get up  
Don't sit there  
Get up  
If you wanna get there  
Clocks don't stop and  
Time won't wait (2x)

One more time, say  
Get up (9x)

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