

**Mark Owen****"Spirit Rise"**

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Be steady as a rock  
watch your breath before the armies come  
to take you out, man  
Light the flame  
of the fire that was found when you were born  
it will help you out, man

They're all waiting for you  
so let your spirit rise  
In your eyes  
I know that heaven lies

Be still  
Enjoy the peace for now you have begun  
to lose your mind, man  
kiss the ground  
and thank the stone you've stood on for so long  
clear your head now

They're all waiting for you  
so let your spirit rise  
In your eyes  
I know that heaven hides  
In your eyes  
I know that heaven lies

Now I wait by the phone  
If you need me to join you  
all you have to do is say  
and I'll be there  
If I have to kill myself  
then so be it  
for all I leave is flesh and bone  
and that's worth nothing without the sun  
so say and I'll be there  
just give me a moment to say goodbye  
to my family

In you eyes I feel that heaven hides  
In your eyes I see the spirit rise  
In your eyes I know that heaven lies

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