

## **Manic Street Preachers "4st. 7lbs."**

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I eat too much to die  
And not enough to stay alive  
I'm sitting in the middle waiting

Days since I last pissed  
Cheeks sunken and despaired  
So gorgeous sunk to six stone  
Lose my only remaining home

See my third rib appear  
A week later all my flesh disappears  
Stretching taut, cling-film on bone  
I'm getting better

Karen says I've reached my target weight  
Kate and Emma and Kristin know it's fake  
Problem is diet's not a big enough word  
I wanna be so skinny that I rot from view

I want to walk in the snow  
And not leave a footprint  
I want to walk in the snow  
And not soil its purity

Stomach collapsed at five  
Lift up my skirt my sex is gone  
Naked and lovely and 5st. 2  
May I bud and never flower

My vision's getting blurred  
But I can see my ribs and I feel fine  
My hands are trembling stalks  
And I can feel my breasts are sinking

Mother tries to choke me with roast beef  
And sits savouring her sole Ryvita  
That's the way you're built my father said  
But I can change, my cocoon shedding

I want to walk in the snow  
And not leave a footprint  
I want to walk in the snow

And not soil its purity

Kate and Kristin and Kit Kat  
All things I like looking at  
Too weak to fuss, too weak to die  
Choice is skeletal in everybody's life

I choose my choice, I starve to frenzy  
Hunger soon passes and sickness soon tires  
Legs bend, stockinged I am Twiggy  
And I don't mind the horror that surrounds me

Self-worth scatters, self-esteem's a bore  
I long since moved to a higher plateau  
This discipline's so rare so please applaud  
Just look at the fat scum who pamper me so

Yeh 4st. 7, an epilogue of youth  
Such beautiful dignity in self-abuse  
I've finally come to understand life  
Through staring blankly at my navel

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