

Manic Street Preachers

"4St 7Lb"

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Days since I last pissed
Cheeks sunken and despaired
So gorgeous sunk to six stone
Lose my only remaining home
See my third rib appear
A week later all my flesh disappear
Stretching taut, cling-film on bone
Im getting better
Karen says Ive reached my target weight
Kate and emma and kristin know it's fake
Problem is diets not a big enough word
I wanna be so skinny that I rot from view
I want to walk in the snow
And not leave a footprint
I want to walk in the snow
And not soil it's purity
Stomach collapsed at five
Lift up my skirt my sex is gone
Naked and lovely and 5st. 2
May I bud and never flower
My visions getting blurred
But I can see my ribs and I feel fine
My hands are trembling stalks
And I can feel my breasts are sinking
Mother trys to choke me with roast beef
And sits savouring her sole ryvitta
That's the way you're built my father said
But I can change, my cocoon shedding
I want to walk in the snow
And not leave a footprint
I want to walk in the snow
And not soil it's purity
Kate and kristin and kit kat
All things I like looking at
Too weak to fuss, too weak to die
Choice is skeletal in everybodys life
I choose, my choice, I starve to frenzy
Hunger soon passes and sickness soon tires
Legs bend, stockinged I am twiggy
And I don't mind the horror that surrounds me
Self-worth scatters, self-esteem a bore
I long since moved to a higher plateau

This disciplines so rare so please applaud
Just look at the fat scum who pamper me so
Yeh 4st. 7, an epilogue of youth
Such beautiful dignity in self-abuse
Ive finally come to understand life
Through staring blankly at my navel.

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