

Manic Eden "Can't Hold It"

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(A. Vandenberg)

Just a human being, I've had more than enough
Feelin' like a punchin' bag, feeling pretty rough
I can't hide, I can't hide, I can't hide anymore what I
feel inside
Can't take it any longer, can't take it anymore
The feeling's getting stronger, just gotta let it go (just
gotta let it go)

I knew where I was going, I knew where I had been (I
knew where I had been)

Now it feels I'm swimming, swimming upstream

Chorus:

Can't hold it, hold it, gotta let it go, gotta let it go
Can't hold it, hold it, gotta let it go
Feeling like I'm keepin' all torn up inside
Life has got you running, but you just can't hide
I'm free, I'm free, I'm free from the bondage of reality
Things that I believe in, things that I respect (things that
I respect)

Seem to lose their meaning, vanish in the mess
(chorus)

Can't hold it, hold it, gotta let it go
Just a human being, I've had more than enough
I'm feelin' like a punchin' bag, feeling pretty rough
I can't hide, I can't hide, I can't hide anymore what I
feel inside

Used to have direction, used to have my goals
Ain't no satisfaction, in running into walls
(chorus repeats 2x)

Gotta let it go, gotta let it go

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