

## **Madina Lake**

# **"Through The Pain"**

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On the Chicago River after dark  
We watch the city lights tear the sky apart  
The wind was blowing her hair around  
As the scenery explodes, I'll tell you how

I fell into an old cliché  
Always on the road, only halfway sane  
No hospital can fix what I've become.

I've trapped myself in a ring of fire.  
If I say I'm okay, I'm also a liar.  
The only way out is through the pain.  
(How am I gonna get through this?)

I got so low that I get high  
Just to sit and watch the miles go by.  
Now I'm cold and sweaty with a nauseous heart  
I got a million addictions wearing me down.  
I fell into an old cliché  
Always on the road only halfway sane  
No hospital can fix what I've become.

I've trapped myself in a ring of fire.  
If I say I'm okay, I'm also a liar.

The only way out is through the pain.

And as I write these words, my hands start to shake  
With trouble sneaking in not a second too late.  
The only way out is through the pain.  
Tomorrow I'll start again.

And now I'm begging for help  
I know I can't get up  
Gotta face this one all alone.  
And if I don't make it,  
Remember that I'll always be a part of you.

I've trapped myself in a ring of fire.  
If I say I'm okay, I'm also a liar.  
The only way out is through the pain.

And as I write these words, my hands start to shake  
With trouble sneaking in not a second too late.  
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Tomorrow I'll start again.

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