

**M****"The Chain"**

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I hear their voices inside my head

There's no denying it's my private hell as

I lie in bed

I take a look around and see myself

In twenty years will I be them

I've taken all I can stand

Afraid of what kind of man I am

Does everything stay the same

Or will I break the chain

Secrets, emotions, and wounds concealed

Spirits are broken, the deepest scars that I'll never heal

They'll be back handed down from father to son

A closet full of skeletons

I've taken all I can stand

Afraid of what kind of man I am

Does everything stay the same

Or will I break the chain

I will get by

With a little understanding

'Cause it's my own life after all

I've taken all I can stand

Afraid of what kind of man I am

Does everything stay the same

Or will I break the chain

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