

Loggins & Messina

"Rock 'n' Roll Mood"

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I pick me up by the seat of my pants
And put my fingers down on the keys
To sing a story that ends nobody's friends
I'm sittin' in a rock 'n' roll mood
I'd like to help but I know it's no good

They say nobody's friend, is nobody's fool
That's an old saying that I just made up
Singing songs is to make people smile
But I'm having trouble smiling myself

And now you ask me for a song to help you along
But I'm sittin' in a rock 'n' roll mood
I'd like to help you but I know it's no good
I'm like a fish that done dropped out of his school

That's another saying that I just made up
How about a man who can't see his own face
Look at himself in the act
Fortune teller is trying to tell about
What she's doing the farm and that ain't all

Now won't you think of a man with a watch in his hand
Who's dying in to himself, duh
Now how about the singer whose sittin' here singing
That he's sittin on the rock 'n' roll mood

He'd like to help you but he knows
At least, he thinks he's no good
Sittin' on the rock 'n' roll mood

Here's an old saying, I think I'll go home
Now you ask me for a song to

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