

Adina Howard "Up And Down"

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Turn the lights down baby
And come to me baby
Let me put something on your your (mmmmhmm)
Cause I gotta let you know
What I want, Where I want, whenever I need it baby
So you know you betta be ready tonight cause its on

Haven't your heard
about the upand down and round and round
You should've known by now about my merri-go-round.
Haven't your heard
about the upand down and round and round
You should've known by now about my merri-go-round.

You said you were happy
With your wife and happy home
So what I don't understand,
is why your here with me tonight
'Cause if your girlfriend could do the
freaky thing I do to you(hmmm)
Then you do have the time to hang around
for my ups and downs
Deep in my heart
I know I can make you moan
Come on and lets get it on baby
and all in my mind
I gonna hold on tight
cause tonight is the night
we won't stop to we get it all right
hold on tight
tonight is the night
baby your in for the time of your life

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