

Lisa Stansfield

"The Moment"

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I don't believe in me
I don't believe in you
But I believe this feeling
And I just cant contain
The passion and the pain
You've got to feed the flame
inside of me

It starts slow
find it creeps up upon me
Reaches down into
the soul of me
The rush is warm
I anticipate the feeling
I know I'm gonna glow
Oh make me glow

I don't believe in me
I don't believe in you
But I believe this feeling
And I just cant contain
The passion and the pain
You've got to feed the flame
inside of me

Layer by layer
You strip the sadness from me
And the dark is slowly
washed away
I breathe you in
And I'm intoxicated
I feel the blood flow
through my veins

I don't believe in me
I don't believe in you
But I believe this feeling
And I just cant contain
The passion and the pain

You've got to feed the flame
inside of me

No future and no past
No questions left to ask
No tomorrow, no today
Nothing but the moment
I look but I don't see
I feel but I don't touch
I'm where I wanna be
Here In the moment

I'm being who I'll never be
Seeing all I'll never see
Just you and me

I don't believe in me
I don't believe in you
But I believe this feeling
And I just cant contain
The passion and the pain
You've got to feed the flame
inside of me

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