

# Lime

## "Help Yourself"

Visit "[Help Yourself](#)" on MotoLyrics.com

(Denis LePage, Denyse LePage)

(Intro, Repeat 2x)  
Help yourself  
Help yourself to music

(Chorus)  
Come on and help yourself  
Help yourself to music  
Help yourself  
Help yourself to music

Aah, two by two  
And four by four  
Everybody's on the move  
They're on the dance floor

(Repeat Chorus)

All you like to do is move  
Get in the groove  
Shake it in between beats  
Give yourself a treat

(Bridge, Repeat 4x)  
Help yourself to the music

Aaah...  
(Repeat Chorus)

(Instrumental Break)

(Repeat Chorus)

Oh, the DJ's cookin' it right  
For your appetite  
In the light, there's days to site  
It's to your delight

All you like to do dance  
C'mon, here's your chance  
Shake it on right on the beat

Give yourself a treat

(Repeat Bridge 4x)

Help yourself

Help yourself to music

Help yourself

Help yourself to music

(Repeat Chorus and Fade)

Visit [Lime](#) page on MotoLyrics.com, to get more lyrics and videos.

---

[MotoLyrics.com](#) | Lyrics, music videos, artist biographies, releases and more.