

## **Life Of Agony "Method Of Groove"**

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Get up

We've got the method of groove that grabbed your  
attention  
Now that you're aware we're gonna give you the  
message  
My, my father taught, my father taught me many things  
I'm living deaf, dumb and blind will get you nothing

So listen up and hear what I have to say  
It's never too late to learn in this day and age  
We'll point you in a new a direction  
Passed down to this generation

If you've learned anything from me  
It would be hold on to your dreams  
I learn from my mistakes  
And it will take off some of the weight

He said, "You got your whole life to live  
And so much more to give"  
I'll never compromise  
And you will never live a lie  
He said, "Son, remember where you came from"

Fuck it

We never doubted ourselves for a minute  
Though they may criticize and compromise  
But we were always in it  
So come on down and see what this is all about  
It's in our soul, on the road, wherever we may go

So wake up, nothing can stop us  
We got the chaos so just let us provide  
The lines that make your mind spend the time  
Think before you sink to the bottom

If you've learned anything from me  
It would be hold on to your dreams  
I learn from my mistakes  
And it will take off some of the weight

He said, "You got your whole life to live  
And so much more to give"  
Oh I'll never compromise  
And you will never live a lie  
[Inaudible]

He said, "Son, remember where you came from"  
He said, "Son, remember where you came from"

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