

Lazy Boy "Inhale Positivity"

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Inhale positivity, exhale negativity
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Enjoy the little things in life
Like the smell of a flower
The sound of a bird
Or the shape of a cloud

Do something different today
Smile to a stranger on the street
Take a different way home
Or go by a CD
With music that you wouldn't have normally bought

Try not to be too hasty
In your judgment of other people
And take life
Less seriously

What you give will always come back double
Some people spend their whole life waiting for the
storm
And never enjoy the sunshine

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Take a deep breath
By taking five deep breaths everyday
It will help remove the build up of toxins in the body
It also lowers your cholesterol in the blood
And strengthens your mind
As you breathe out think only positive thoughts
Like what a great day this is going to be

Surround yourself with successful people
Don't feel threatened by them
Challenge yourself

And learn from them
Success as a mysterious way of attracting success
Like negativity attracts more negativity

Inhale positivity, exhale negativity
Inhale positivity, exhale negativity
Inhale, inhale exhale, exhale negativity
Inhale, inhale exhale, exhale negativity

Inhale more life and positivity
Exhale pain regrets and negativity

Inhale

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