

## Lauren Wood

# "DO IT YOURSELF"

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Somebody stole your tongue,  
I told you not to trust no one.

You keep it all inside,

and wonder why it makes you cry.

Refuse to face the danger,

It's not surprising, you're getting nowhere...

Negative is what it is, and it's all in your head.

All you got is babytalk, eat your breakfast in bed.

You think I work this hard for my health,

You'll never do it till you DO IT YOURSELF

Too bad your running start,

will turn into a change of heart.

You've heard it all before,

that gentle closing of the door.

You wear your disappointment,

a badge of honor, a look in your eye...

Negative is what it is, and it's all in your head.

All you got is babytalk, eat your breakfast in bed.

You think I work this hard for my health,

You'll never do it till you DO IT YOURSELF

Everybody has,

to qualify as,

disadvantaged from the start.

one way, or another.....

Your tiny boat is sinking,

waves crash around you, you got to dive in...

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