

## Lagwagon

# "Mama Said Knock One Out"

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[LL Cool J cover/parody]

Don't call it a movement, there's other ways of saying it  
Call it brown cable and I'm laying it down  
Big and brown, leaving it where it counts, fat amounts  
Blazin', a butt raisin dingleberry, yes my butt is hairy  
Every nation a-backing 'em out, come on everybody let  
me hear you shout

I'm gonna back one out  
Momma said back one out  
I'm gonna back one out  
Momma said back one out

Splotchin', there's no stopping, it's coming down and  
the smell is rotten  
Pain, I musta ate Drano, Mount St. Helens, ass volcano  
Burnin' like hot lava, I got the runs 'cos I drank too  
much Java  
Ouch, that sensation is not the runs I got constipation

I'm gonna back one out  
Momma said back one out  
I'm gonna back one out  
My momma said back one out  
[Chorus]

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