

## La' Chat

### "I Can't Stop"

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Tired of impressing, tired of proving  
Myself to people that I thought already knew me  
Tired of nights with none of us sleeping  
I'm tired in the mornings, tired in the evenings

Tired of impressing, tired of proving  
Myself to people that I thought already knew me  
Tired of showing off, tired of trying  
Nothing's for sure and nothing's for granted  
Tired of taking back instead of having  
Tired of giving with you never sharing  
Tired of coming home after working  
To an empty house with no one to talk to

Tired of nights with none of that sleeping  
I'm tired in the mornings tired, in the evenings  
Tired of telling myself "you can do it"  
Talking to myself just as if I knew things

Tired of spending time with my cellphone  
And messages you sent me ages ago  
Nostalgia strikes with strange powers  
Step by step and hour by hour  
Things I used to know ain't easy no more  
Step by step is how I go on  
I try to remember how I thought  
How I did when I was on top of things

Relieved to see another morning sun  
Day by day is how I go on  
Night by night they come to me  
The demons to remind me of great grief  
Of how I earned all this  
Of how the reason to all this is me, me, me  
Even if I never disagree  
Sometimes it's more than I can take  
And I break and I break and I fall apart  
After night comes light then another night  
It starts again, the poisoning of my mind  
It starts again, the slowing of time  
The ease of things just happening

It's gone, gone, gone  
It's never been more gone  
Giving up, giving up, really giving up  
Could stop all this but I can't

No matter how many you tell me  
No matter how hard you try to convince me  
I can't stop, I can't stop, I can't stop, I can't  
Oh tears, tears, tears, more worthless tears  
They do nothing but tear down what I've built  
I've always seen the end of all bad things  
But this time is the first time  
Oh yeah this time is the first time  
That I've been thinking of giving up on life  
Oh yeah this time is the first time  
That I've been thinking of giving up on life  
But I can't!

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