

La Dispute

"All Our Bruised Bodies And The Whole Heart Shrinks"

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So now tell me how your story goes. Have you ever
suffered? "If so,
Did you get better or have you never quite recovered
from it? "Did
You find your lover laying in your bedroom with another
and then "Did
You let it hover over you and everything else well after
the fact?
Show me all your bruises. I know everybody wears
them. "They
Broadcast the pain—how you hurt, how you reacted.
"Did cancer take
Your child? Did your father have a heart attack?
"Have you had a
Moment forced the whole heart to grow or retract?
" "Or just
Shrink. "Does the heart shrink?
Tell me everything. Tell me everything you know.
Were you told as a child how cruel the whole world can
be? "Did
Anybody ever tell you that? "Tell me what your
purpose is? Who it was
That put you here and why? "Did anybody really
put you here at all?
"And what of those necessities? Like how to
cope with tragedy and
Pain? "Did anybody ever show you how?
"When it hits will my
Heart burst or break or grow strong? "Is there
really only one way to
Know now? " "I'm not sure if I'm ready yet
to find out the hard
Way "How strong I am. What I'm made of.
"I'm not sure if I'm
Ready yet to walk through the fire. "I'm not sure I
can handle it.
"Do you think if the heart keeps on
shrinking "One day there
Will be no heart at all? "And how long does it
take? "Am I
Better off just bursting or breaking? "Because I

don't see my heart
Getting strong.
Tell your stories to me. Show your bruises. "Let's
see what humanity
Is capable of handling.
She lost her kid, only seven, to cancer. She answered
with faith in her god
And carried on, "While he was attacked by his
son and was stabbed in
His stomach and his back and his arms. "He
showed me scars. "82
Years old, told me, "I still have my daughter and my
wife. And I still
Have "My life and my son."
Tell me what your worst fears are. I bet they look a lot
like mine.
"Tell me what you think about when you can't fall
asleep at night.
"Tell me that you're struggling. Tell me that
you're scared. No,
"Tell me that you're terrified of life. "Tell
me that it's
Difficult to not think of death sometimes. "Tell
me how you lost.
Tell me how he left. Tell me how she left. "Tell
me how you lost
Everything that you had. "Tell me that it isn't
ever coming back.
"Tell me about God. Tell me about love.
"Tell me that it's all
Of the above. "Say you think of everything in
fear. "I bet
You're not the only one does.
Everyone in the world comes at some point to
suffering. "I wonder
When I will. I wonder. "Everyone is out searching
for someone or
Something. "I wonder what I'll find. I wonder.

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