

Killing Heidi "Calm Down"

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When your head is spinning and you're feeling
overwhelmed,
And your ears are ringing 'cause your heart is beating
so damn loud,
And your mind is numbing and your heart is pumping
out,
Oh it feels like you're running but your feet won't touch
the ground

Calm down, calm down
Now all my defences are down
Calm down, calm down, calm down

When it feels like you're tripping but you're not sure
what about,
You just might be slipping, ice queen is melting down,
And the blood is pumping and your head is spinning
round,
And your heart is thumping and your tongue is hanging
out

Calm down, calm down
Now all my defences are down
Calm down, calm down

When you're feeling overwhelmed, again
Calm down, calm down, calm down

When your head is spinning and you're feeling
overwhelmed,
And your ears are ringing 'cause your heart is beating
so damn loud

Calm down, calm down
Now all my defences are down
Calm down, calm down

Now you're feeling overwhelmed, again
Calm down, calm down, calm down

Come back, come back, come back
Come back, come back again

Come back, come back, come back
Come back, come back again

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