

Kid Frost

"No Sunshine"

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Intro Prince Teddy]

What is time? Time is when a man is trying to make
time with your

woman

but your doing time behind bars and your time is
standing still. Yo

Frost kick it to these people for real you know what I'm
saying?

[verse 1 Frost]

Time sits through the hour glass through night and day
and I watch as the games people play

It's like do unto others than split

and if you can't back up what you say then you ain't shit
(yeah)

I've seen the manifestations of the street

so why can't I confess what I see on a drumbeat

like just last night (yo what happened)

I watched these two vatos get in a crazy fight

one of them was quick to pull a knife

he stabbed him in the heart and now he's doing life

in prison at the age of 21 (yeah)

living on death row cause he couldn't let go

caught in the web of violence (damn)

roll deep when they creep, and move in silence of the
lambs (yo)

a tattooed tear dropped as the iron gates slam

[chorus - Bill Withers & Frost]

Ain't no sunshine - Bill Withers

Ain't no sunshine - Frost

Ain't no sunshine - Bill Withers

Ain't no sunshine - Frost

Ain't no sunshine - Bill Withers

Anytime, hey - Frost

Ain't no sunshine - Bill Withers

Ain't no sunshine - Frost

Ain't no sunshine - Bill Withers

Ain't no sunshine - Frost

Ain't no sunshine, Anytime - Bill Withers

[verse 2 - Frost]

Damn, damn ain't that a shame?

you're lost so take the caution don't play the game

should've listen to the Frost when I was trying to come

across to you
but no you didn't think (sucker)
you just keep getting yourself more deep until you sink
so there's no one else to thank but yourself
so go ahead take bow for a job well done
but you'll never see the day of the sunshine or the fun
times
just the old days and your old ways
corrupt and wicked
out there doing dirt, instead of just kicking it
pow pow bang bang and all that noise (yeah)
yeah you and all your homeboys
take time to read between the lines
cause ain't no sunshine

[chorus]

[verse 3 - Frost]

(yo kid) I know about being macho
callin' the shots the big time head honcho (yeah)
but here's something even more gacho
one of my homeboys is your old lady Sancho
yo shit happens
I know the lights of all these people right as I'm rapping
while you sit in a cell writing a letter
saying when you get out, your things will be better
(right)
but man she couldn't wait
so she's going out on a date
with every Tom, Dick, and Harry
and if you ask me, your shit's getting scary
so how you gonna handle this
when your home's in Los Angeles
acting so scandalous
yo, you can't blame her you didn't take the time
and now, ain't no sunshine

[chorus]

Ain't no sunshine - Bill Withers

Ain't no sunshine - Frost

Ain't no sunshine - Bill Withers

Ain't no sunshine - Frost

Ain't no sunshine - Bill Withers

That's for you, '92 you know what I'm saying? - Prince
Teddy

Anytime, yeah - Frost

Ain't no sunshine - Bill Withers

Ain't no sunshine - Frost

Ain't no sunshine - Bill Withers

Ain't no sunshine - Frost

Ain't no sunshine, Anytime - Bill Withers

Damn - Frost

[interlude - Prince Teddy]

So if you don't wanna do no time, you better take time

to try to draw
the line you know what I'm saying? Or you're gonna be
the next fool in
line
doing time, you know what I'm saying? Like my man
said...
[chorus]
Ain't no sunshine - Bill Withers
Ain't no sunshine fool - Prince Teddy
Ain't no sunshine - Bill Withers
Ain't nothing happening up there you know what I'm
saying? - Prince
Teddy
Ain't no sunshine, Anytime - Bill Withers
Yo, me and Frost is out of here, Peace - Prince Teddy
There just ain't no sunshine - Bill Withers
(laughing

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