## Kicked In The Head "Breakdown"

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Why can't you release the fear?
Take a chance so you can be free
Get out of this hole shoveled deep by insanity
Why run and hide? Is it 'cause it threatens you?
Trash anger for something new
This fad has come and gone

Open your eyes...Open your mouth... Open your ears...Don't hold yourself back Open up and release the fear

It's time so open wide
Don't fight it let it ride
Detonate history
Destroy this legacy
Why live a lie? You're just getting screwed
Talk's cheap you're turning blue
Pull the plug and push on

Open your eyes...Open your mouth... Open your ears...Don't hold yourself back Open up and release the fear

Breakdown! Breakdown!
Why don't you breakdown!
The time is now! Can you taste it!
You've got to kill it or it kills you!
Open your eyes...Open your mouth...
Open your...mind!

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