

## **Adam Kay & Suman Biswas**

### **"The Menstrual Rag"**

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Once a month your girl's upset  
She goes to Boots to buy Lilets  
It happens every 28 days,  
When she's in her Luteal phase.  
All she does in moan and nag,  
You go five days without a shag  
There's no cunnilingus  
You can only use your fingers  
When she's using a menstrual rag.

For the week or two proceeding  
The days your other half is bleeding,  
The moody bitch is in a stress  
Complaining about PMS and,  
When her womb has started sluffin,  
You won't be eatin any muffin,  
Two, four, six, eight,  
Come on girls, lets menstruate.

Heavy flow or gentle spotting,  
Running down her legs or clotting  
All that lining that she sheds leaves  
Nasty patches on your bedsheets.  
Just don't waste your efforts pleading  
You won't be shagging when she's bleeding  
The Methenamic acid means you might as well be  
flaccid  
When she's using a menstrual rag.

It's hard to be all that devoted  
When she is looking fat and bloated  
From all the water she's retaining,  
While her pants have nasty staining.  
You won't be doing any groping  
When she's losing haemoglobin,  
Two, four, six, eight,  
Come on girls, lets menstruate.

Get those Bodyforms with wings,  
and grab your Tampax by the strings,  
and TENA lady's sanitary pads,  
come on boys you've seen the ads.

This dance is sweeping through the nation,  
Here's three cheers for menstruation,  
Its the latest craze  
Every 28 days  
They're all using a menstrual,  
Using a menstrual rag.

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