

## Kate Ryan

### "Congratulations"

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i was doin alright  
i've been well behaved  
bad things out of my life  
i thought i was save

i was gone so long  
hard at work on tour  
got my cable turned back on  
didn't know what was in store

i turned on the tv  
and suddenly  
they were in front of me  
changed the channel  
they were on all the shows  
it made  
my  
brain explode

speidi free  
its the way it should be  
get them off of my tv  
before i upchuck my coffee  
will someone rescue me  
will someone hear my plea  
torture of the worst degree  
the world should be  
speidi free

listen, heidi girl  
you need to get a clue  
your song "body language"  
is no "slave 4 you"

and mr. spencer pratt  
you think your so adore  
but every time you speak  
its like nails on a chalkboard

we could send them off  
in an air balloon

that would never stop  
until it reaches the moon

we could lock them away  
in a submarine  
then  
up here on land  
it would be  
so serene

speidi free  
is the way it should be  
get them off of my tv  
before i upchuck my coffee  
someone rescue me  
will someone hear my plea  
torture of the worst degree  
the world should be speidi free

what i say is not in vain  
its just that  
they will melt your brain  
your eyes will pop  
your ears will blow

so to speidi  
just say no  
just say no  
make them go  
away

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