

## **Kate Campbell**

# **"How Much Can One Heart Hold"**

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Heard about a man  
From Birmingham  
Went down to Selma  
To take a stand  
How much  
Can one heart hold  
He sang some songs  
About peace and love  
And took a beatin'  
From a billy club  
How much  
Can one heart hold

How much  
Can one heart hold  
A pound of dirt  
Or a pound of gold  
We may never know  
The truth be told  
How much  
Can one heart hold

I met a woman  
Who lost a son  
On a chopper  
In South Saigon  
How much  
Can one heart hold  
I couldn't tell you  
All the tears  
She's cried  
I guess she's gonna  
'Til the day she dies  
How much  
Can one heart hold

If the heart  
Is a bottomless pit  
You gotta watch  
What you put in it  
How much  
Can one heart hold

Before you know  
It you're carrying around  
A ton of stuff  
That'll weigh you down  
How much  
Can one heart hold

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