

Carolyn Arends "Life And Death"

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We ride emotions like subway trains
Down in the tunnels inside our brains
And life's a blur speeding past the window
We'd love to stop but who has the time
So much to do -- we're so far behind
And we stay that way no matter how fast we go
I wonder what's the point at which we break
When will we realize just what's at stake
We dance at weddings and we cry at wakes
And then we rush to make the next appointment
It's a matter of life and death
All the chances we're gonna get
To use our voices, make our choices
Happen here and now
What's the matter with all of us
Chase the wind and we miss the bus
We get distracted from what matters
And then somehow we forget
It's life and death
Our guardian angels appear like dreams
They try to show us eternal things
And we decide if we will pay attention
But we're too busy to check the holes
That just keep growing inside our souls
We are wearing thin and so we feel the tension
Between the life we want and the life we need
We're all afflicted by the same disease
Dear God in heaven, won't you show us please
How to be free from this condition
It's a matter of life and death
All the chances we're gonna get
To use our voices, make our choices
Happen here and now
What's the matter with all of us
Chase the wind and we miss the bus
We get distracted from what matters
And then somehow we forget
It's life and death
We've got to remember
It's life and death
Try to remember
It's life and death

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