

Julia Fordham

"I Can't Help Myself"

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I steal a glance at you, and save it up for later
You see what I've come to? I really should know better

But I can't help myself, help myself
(Can't help it)
I'm lost in you

I can't help myself, help myself
(Can't help it)
I'm lost in you

I lie awake at night to savor what it is I've stolen
I'm hoping that you might know where this is going

But I can't help myself, help myself
(Can't help it)
I'm lost in you

I can't help myself, help myself
(Can't help it)
I'm lost in you

And the funny part is I feel no guilt and no shame
I guess where there's no action there's no blame
And if I had an ounce of sense left I'd keep it that way
too

And I think of you, I think of me
And remember what will be, will be
And I'm looking forward to the day
Where I don't have to feel this way

I can't help myself, help myself
(Can't help it)
I'm lost in you

I can't help myself, help myself
(Can't help it)
I'm lost in you

I can't help myself, I'm lost in you, darling, I am lost
I'm so lost, I can't help myself

I can't help it
I can't help it
I can't help it
I can't, I can't, I can't, I can't

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