Judith Owen "Get Into It"

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I've been down in such a dark place
I've been a phony and a fool
Just to fool everybody who said that they loved me
And I spat out the food that I was too afraid to swallow.

I've been locked up in this attic
This jealous lover of a brain
And I've tried so hard to find a little sunshine
Yes, I've tried so hard to break this cycle of pain.

'Cause there's muscle men on the beach Surfers down in surfing Heaven There's so much that they could teach me I want to join them; I want to tell them.

Get into it, baby
Do whatever you can
Come on, get into it, baby
Every woman, every man...
Enjoy your life.

I was talking with a legend
I was feeling like a young girl
(Around about fourteen)
I asked him of his secret to success
He said each day's a lesson and life is your school.

'Cause there's beauty out on the street It's concrete, but it could be Heaven So much for you to teach So, get out there and tell them.

Get into it, baby
Do whatever you can
Come on, get into it, baby
Every woman, every man...
Enjoy your life

I went back to see my old school There were houses where it stood Full of people, full of worries I said goodbye to my old school (and my old life) I got on a plane; I was a woman in a hurry.

Back to muscle men on the beach Surfers down in surfing Heaven There's so much that they could teach me I'm gonna join them; I'm gonna tell them...

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