

## **Jones Howard**

### **"Free Your Soul"**

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We've been conditioned  
To believe what we said life  
No wonder we don't know  
The meaning of "I"  
It means the meaning of you  
And the things you do  
Not the clothes you wear  
Or the talk we share  
And now pictures that lie  
Tell us what to buy  
But never what to do  
When aall your money's thru  
So don't be deceived  
By what your T.V. receives  
'cause they'll pasteurize you cold  
And they'll advertise you sold  
Chorus  
Lose all time  
Love your mind  
And free your soul  
Innoncent child turned out wild  
No more six, six picking up stix  
This kinda blufunk will make you  
Trip, dip, shake your hip  
And put on the Jones train to freedom  
Now, I've been meaning to draw  
Some kinda conclusion  
About the time, the mind  
And the soul intrusion  
But the Keziah Jones train of thought  
Has had to be "derailed" and "defracked"  
Do to this groove found  
Lying across the tracks  
Chorus x 2  
Yeah babe  
I've been meaning to draw  
I've been meaning to draw  
Some kinda conclusion  
But we've been derailed  
Derailed and defracked  
Derailed and defracked

Does anybody know what defracked means ?  
If you do  
If you do  
Get on the train  
Get on the train  
Get on the train  
Get on the train  
Chorus x 3  
"Don't be deceived by what your T.V. receives"  
Lose all time  
Love your mind  
And free your soul

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