

## Johnson Eric "From My Heart"

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All these things we chase outside  
Pull us down  
Endless desire to give us joy  
Can't be found  
Catching up to get my breath in this fight  
Something is about to stir and it feels right  
From my heart

Working in a new mirage to grab onto  
Climbing up another's fence, no better view  
Where's my heart?

I can't say much  
much is just words; they're not real  
Lead to the truth  
Substance inside  
I won't hide  
From my heart.

So much has been said  
Turn off your mind, learn to feel  
Close to your breath, all that you need  
All that's real

I just can't hide, hide from the truth  
You describe  
So break me down into my soul,  
I return to my heart.

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