

Joe Veras

"One Day At A Time"

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Well you know,
I was always the first to arrive at the party, ooh!
And the last to leave the scene of the crime
Well it started with a couple of beers,
And it went i dont know how many years,
Like a runaway train headed for the end of the line.

Well I finally got around to admit that I might have a
problem.
But I thought it was just too damn big of a mountain to
climb.
Well I got down on my knees and said 'Hey!' (la la la)
'I just cant go on livin' this way!' (la la la)

Guess I have to learn to live my life one day at a time.
Oh ya! One day at a time!
Oh ya! One day at a time!

Oh ya! One day at a time!
Oh ya! One day at a time!

Well I finally got around to admit that I was a problem.
When I used to put the blame on everybody's shoulders
but mine.
All the friends I used to run with are gone, (la la la)
Lord, I had'nt planned on livin this long. (la la la)

I have to learn to live my life one day at a time!

It was something it was too blind to see,
I got help from something greater than me..
And I have to learn to live my life one day at a time!

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