

Joe Rockhead "Jumpback"

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Work yourself ragged work your fingers right down to
the bone

Daily problems keep you living in the twilight zone
And in the future dead end signs is all you see
You need to stop before you lose your dignity

And jumpback and pull yourself together
Jumpback and take a deep breath
Jumpback reassess the situation
Got to relax before you work yourself to death
Jumpback

You save your pennies but your pennies they don't go
to far
They want to come and take away your home your only
car
Don't treat you like a person treat you like a piece of
meat
In a pressure cooker it's hard to take the heat

And jumpback and pull yourself together
Jumpback and take a deep breath
Jumpback reassess the situation

Got to relax before you work yourself to death
Jumpback

You used to be a happy person almost all the time
Responsibility was never ever on your mind
Now there's so many you're feeling like you're losing
You better stop before you have a heart attack

And jumpback and pull yourself together
Jumpback and take a deep breath
Jumpback reassess the situation
Got to relax before you work yourself to death
Jumpback

You made your bed now you just don't want to lay in it
If you do nothing you'll grow prematurely gray in it
You need to break out of this everyday routine you're in
Can't let the things you can't control get underneath

your skin

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