

# Joe Budden "Calm Down"

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Calm down, calm down  
Baby just calm down  
She use to tell me to calm down  
Moms use to tell me to calm down  
Baby just calm down

She use to tell me to calm down  
Moms use to tell me to calm down  
(She would pray that I would)  
Baby just calm down  
Calm down

Look, I was such a lost soul  
Just wanted to be down with something  
Look at your son now mommy  
I amounted to something you couldn't figure out  
What I had messed with the streets for  
'Cause you saw my genius without a SAT score  
I took drugs and laced it with things  
But you a addict yourself  
For you I was people, places and things  
(How the fuck you thought)  
Angel dust use to have me in the hallways twurked  
I tried to hide it, but Visine didn't always work

I needed someone to blame in my mind  
I thought if you and dad never used dope  
I would a came out fine  
And so I hit you hard when you threw in advice  
Like what I want to talk to you about you ruined my life  
You're the reason why I ended up a con and I knew it  
The reason I filled my body with embomin fluid,  
mommy  
You the reason that my life's gone illegal  
The reason I'm kinda different  
Don't think like normal people  
Not calm

She use to tell me to calm down  
Moms use to tell me to calm down  
(Use to pray that I would)  
Baby just calm down

You gotta hold your head up 'cause we gone make it  
She use to tell me to calm down  
Moms use to tell me to calm down  
(You got to understand what I was going through)  
Baby just calm down

Everything's gonna be alright  
She use to tell me to calm down  
Moms use to tell me to calm down  
(But a nigga wouldn't)  
Baby just calm down  
You gotta hold your head up  
'Cause we gone make it y'all

Listen, ain't shit like seeing your moms cryin' on the  
floor  
Knowing you the reason why she ain't aight no more  
But so young, I was like whatever  
You use to chase me through the house  
With the knife like get your life together  
Fucking drugs, how could I ever amp on you  
And what made me think that I could lay my hands on  
you  
I'm not surprised that you mad at me  
Much as you hated my father  
Your youngest son is just like his daddy

Mommy I live life rude, how could you not understand it  
On the same note I'm just like you  
I got moms sensitivity, my fathers balls  
His humor, his g yet my heart is yours  
Fuck school, 'cause I had my major  
Come to grips that it ain't so much the drugs  
It's the addict behavior  
(No)  
Was it the dic charge, the cut that came with it  
Wasn't really the smokin', but the rush that came with it  
(Wasn't calm people)

She use to tell me to calm down  
Calm down  
(But a nigga wouldn't)  
Baby just calm down  
You gotta hold your head up  
'Cause we gone make it y'all  
(Do it with me people)  
Calm down, calm down  
(Try to understand it)  
Baby just calm down

(Those kind of things)

Everything's gonna be alright  
Calm down  
(Just bare with me for a, for a brief moment y'all)  
Calm down  
Baby just calm down  
You gotta hold your head up 'cause we gone make it  
y'all

I felt so alone, I had a crew but so what  
Then when Angela stabbed me guess who showed up  
And when people said I'd always be ill and twisted  
And when the therapist had told us that the pills would  
fix it  
Was sick of bein' sick, I was finally hurt  
With all the prayin' that you did ma, it finally worked  
God gave you a son back, I won't offend you again  
Won't let the disease turn me against you again

Use to be high as ever  
(But I)  
Joey Jr. got his life together  
As a result, now we tighter than ever  
So blessed, so grateful to be seein' tomorrow  
(see the whole world)  
That's why I can't take a drink, not if even a swallow  
I can't picture me twisted like what I'm a do now  
Haters I can't stop yet my mothers to proud  
Secure now, don't need to be down with nothing  
Look at your son now mommy  
I amounted to somethin'  
I'm so calm

Calm down, calm down  
(But a nigga wouldn't calm down)  
Baby just calm down  
You gotta hold your head up 'cause we gone make it  
y'all  
(Hold up)  
She use to tell me to calm down  
(Use to pray that I would)  
Calm down  
(But I couldn't, I couldn't, couldn't do it)  
Baby just calm down

(Nothing heals like time people)  
Everything's gonna be alright  
(Understand that)  
Calm down, calm down  
(Fucking miracle)  
Baby just calm down  
You gotta hold your head up

'Cause we gone make it y'all  
(They said I wouldn't reach 21 y'all, I'm still standing)

Calm down  
Thanks ma  
Calm down  
I couldn't do it without you  
Calm down, calm down  
You are appreciated  
Calm down  
Fa sho  
Calm down  
It's a slow process y'all  
One day at a time though  
To get beautiful

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