

Joan Jett "Push And Stomp"

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When I'm feelin' low need to let it out
I do a little dance I call the push & stomp
I said hey, I do the push & stomp
Saw you on the street ya looked a little down
Come along with me I'll turn you right around
I say hey let's do the push & stomp
Ya just a shake shake shake,
Till your knees are weak
Come on move your hips
To the drummers beat
Yea push yourself till you're ready to drop
But ya do it again you can never stop
I taught ya
Everybody needs somethin' when they're blue
Ready to unload I'm Comin' back for you
I said hey come one and push & stomp
You just a shake shake shake
Till your knees are weak
Come on move your hips
To the Crystal beat
Push yourself till you're ready to drop
But ya do it again you can never stop baby

Don't let it worry you if ya look a little strange
You'll feel so good inside
Forget yourself for a change oww
When I'm feeling low need to let it out
I do a little dance I called the push & stomp
I said hey let's do the push & stomp
Ya just a shake shake shake
Till your knees are weak
Come on move your hips
To the jungle beat
Yea you push yourself 'till you're ready to drop
But you do it again you can never stop
You just shake shake shake
Till your knees are weak
Come on and move your hips to the drummer's beat
I said hey I do the push & stomp
I said hey let's do the push & stomp
I said hey come on and push & stomp

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