

Jamelia

"I Defeat"

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We were doing so well,
We had broken the spell,
And freedom seemed just within reach.
We had managed the bend,
Between lover and friend,
Found a place we could possibly meet,
Yes it's me,
I can't help myself,
I just run headlong to defeat,
Yes it's me,
I can't help myself,
I defeat, I defeat, I defeat, I defeat
I'm so hard on myself,
Don't deserve any help,
So I must let you go, let you go.
So I pushed you away,
While I hoped you would stay,
But I don't let you know, let you know,
Yes it's me,
I can't help myself,
I keep running around to this beat,

Yes it's me,
I can't help myself,
I defeat, I defeat, I defeat, I defeat
Yes it's me,
I can't help myself,
I keep running around to this beat,
Yes it's me,
I can't help myself,
I defeat, I defeat, help me,
I can't help myself,
I defeat, I defeat, help me,
I can't help myself,
I defeat, I defeat, help me.

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