

Integrity "Trading My Sorrows"

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I am trading my sorrows, I am trading my shame
I am laying them down for the joy of the Lord, ooh
I am trading my sickness, I am trading my pain
I am laying them down for the joy of the Lord

I am trading my sorrows, I am trading my shame
I am laying them down for the joy of the Lord, ooh
I am trading my sickness, I am trading my pain
I am laying them down for the joy of the Lord

Yes Lord, yes Lord, yes yes Lord
Yes Lord, yes Lord, yes yes Lord
Yes Lord, yes Lord, yes yes Lord, Amen

I am pressed but not crushed, persecuted not
abandoned
Struck down but not destroyed
I am blessed beyond the curse for His promise will
endure
His joy's gonna be my strength
Though the sorrow may last for the night
His joy comes with the morning, His joy comes with the
morning

I am trading my sorrows, I am trading my shame
I am laying them down for the joy of the Lord, yeah
I am trading my sickness, I am trading my pain
I am laying them down for the joy of the Lord, oh

Yes Lord, yes Lord, yes yes Lord, oh
Yes Lord, yes Lord, yes yes Lord, oh
Yes Lord, yes Lord, yes yes Lord, oh

I am pressed but not crushed, persecuted not
abandoned
Struck down but not destroyed, oh
I am blessed beyond the curse for His promise will
endure
His joy, His joy's gonna be my strength, oh, yeah, yeah,
yeah

I am trading my sorrows, I am trading my shame

I am laying them down for the joy of the Lord, yeah
I am trading my sickness, I am trading my pain
I am laying them down for the joy of the Lord, ooh,
yeah

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I am laying them down for the joy of the Lord
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