

India.Arie "Back To The Middle"

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She is twenty-five, spent over half of her life
So afraid to speak her mind, it's such a shame
'Cause oh what a brilliant mind she has

And now that she's been introduced to confidence
She doesn't see that she is bordering on arrogance
When will she learn to come back to the middle?

He is a young black man, grew up without his father
And now it falls into his hands, to protect his mother
'Cause if he doesn't, well then who will?
His older brother, he lives in fear
Of everything, especially, tryin' to fill his father's shoes

Respectively they go to extremes of masculine and
feminine
Chasing dreams but they keep on falling
'Cause they don't know no balance
When will they learn to come back to the middle?

You gotta take the good with the bad and you might hit
the wall
Sometimes you'll fly and sometimes you will fall
There ain't no way to avoid the pain
But it's getting burned that's how you will learn
To come back to the middle
Come back to the middle

Needing to protect your self now that is just a part of
life
If you let your fears keep you from flying
You will never reach your height
To get to the top you must come back to the middle
When will we learn to come back to the middle?
When will we learn?

Come back to the middle
Come back to the middle
Come back to the middle, yeah
Don't make no mind about fallin' down
'Cause it's when you're in that valley
You can see both sides more clearly

Come back to the middle
Come back to the middle
Come back to the middle
...

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