India Arie
"Slow Down"

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So far from where I started out
So far from where I wanna be
Listening for answers in the wind
But can't find a rock to plant my feet
Looking for love in all the wrong places
Down on my knees and now I'm praying for patience
I know there's gotta be a better way
In the back of my mind I hear my momma say

Slow down, baby you're going too fast
You got you hands in the air
With you feet on the gas
You're 'bout to wreck your future
Running from your past
You need to slow down before
You go down baby

Thinking the faster that I go
The faster (that) I will reach my goal
The race is not given to the swift
But to the one who endureth
I thought that all my obstacles were behind me
Walking around like I'm made out of diamond
I tripped and fell and it remindedme
Move over and let my angels guideme

Slow down, baby you're going too fast
You got you hands in the air
With you feet on the gas
You're 'bout to wreck your future
Running from your past
You need to slow down before
You go down baby

Sometimes you gotta be still
Before you can get ahead
Be still
Ask the universe for help
Be real
You can't do it all by yourself
Ah, no no
Sometimes, sometimes you gotta be still

It take some time to reach you and they
Be still
Take some time to clear your space
Be real
Chaos isn't good for your health
Ah, no no, ahhh
'cause I'm breaking things and losing things
I lost my cell phone again the other day
Now, I don't wanna live this way, no
In the back of my mind I hear my mama say

Slow down, baby you're going too fast
You got you hands in the air
With you feet on the gas
You're 'bout to wreck your future
Running from your past
You need to slow down before
You go down baby
(slow down baby)
Slow down (baby)
You're going too fast
Slow down (baby)
Feet on the gas
Slow down (baby)
Run from your past
Slow down baby (4x)