

Hidden In Plain View "Heavy Breathing"

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Alone in this forever got to get back and get it together
Cause you're never gonna get anywhere this way,
When you're walking in circles every day the same well.
And I saw where this is going another panic attack,
The sign of slowing down.
But I'm still breathing, heavy heavy breathing.
With the stomach in my throat, I'm choking on the
feeling.
I'm losing all we have to offer,
Cause nothing here makes sense.
I'm lost I'm scared I'm numb and overwhelmed
I'm ?????

Every day I'm your way down,
Time and time again.
(I'm not so, I'm not so sure)
Of anything.
Every day I'm your way down,
Time and time again.
(I'm not so, I'm not so sure)
Of anything.

Come on, come listen to me listen to me (Open up).
Open up cause I know exactly,
What's running through your head.
It's spilling on the pages.
Oh, it hurts you and like it's so contagious.
It's off the mark and a little off key,
It's so overdramatic cause this is completely
It's out of your hand sand out of control.
So take the chance to take it, take it home.
Forgetting everything I've known.
(Cause nothing here makes sense)
I'm lost I'm scared I'm sick I'm not well.
(And I'll never let go)

Every day I'm your way down,
Time and time again.
(I'm not so, I'm not so sure)
Of anything.
Every day I'm your way down,
Time and time again.

(I'm not so, I'm not so sure)
Of anything.

Just tell I'm alright.
Tell me I'm ok.
Tell me anything at all to make this feeling go away.
Do not believe that I'm falling asleep right in my hands,
Everything gets by me.
So slowly and I'm only halfway home and low and
lonely.
So ahead and tell me, tell me,
I'll be alright if you touch me, hold me.
Yeah talk to yourself, talk to angels.
Yeah talk to the night, twisting and sinking.
So go ahead and tell me tell,
(I'll make it alone)
I'll be alright if you touch me, hold me.
And I'll make it alone.
Come on, come listen to me.

Every day I'm your way down,
Time and time again.
(I'm not so, I'm not so sure)
Of anything.
Every day I'm your way down,
Time and time again.
(I'm not so, I'm not so sure)

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