

Hi5 "One Step Forward"

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Don't be afraid to try
something new
Don't stop yourself from
being 'you'

If you can't do it this way,
then try another way
and keep on saying 'I can do'
Dare yourself to jump up high
take your feet off the
ground, and reach for the
sky....

CHORUS(2x)

(Take) one step forward
don't look back
It won't take long till
you'll on that track
If you need a little help ,
then I'm here for you
keep on try and you'll get through

Just keep on try and you'll get through

Whatever's in your wildest
dream
Whatever's in your heart
of hearts

Let yourself dream it, let
yourself try it
There's no way of
stopping you
Just keep on saying 'I can do it'

and watch your dreams come true

CHORUS REPEAT (2x)

Just keep on trying and you'll get through

I can do this,I can do that
Just watch me and see
I can do lots and lots and
lots of things
more than I ever believed (2x)

CHORUS REPEAT (2x)

Just keep on trying and you'll get through

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