

## **Her Nightmare "Kettlebell"**

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A daily struggle, pushing further and further, one step  
above yesterday,  
Today is one step above the rest, overcome every  
Boundary,  
Destroy the path in front of me,  
The only one to bring me down is myself never giving  
up to life I put aside,  
Push past the pain, everything to gain, stronger body,  
A stronger mind, a shorter path in front of me, closer to  
all I can be,  
Push back the pain, until all that remains, a stronger  
body, a stronger mind,  
A shorter path in front of me, closer to all I can be.  
Stand over everything, stand over everybody, but you  
won't walk over me,  
You stand over everything and everyone, now you've  
started something, I'll never let it end.  
Push past the pain.  
Push back the pain until all that remains, a stronger  
body, a stronger mind,  
A shorter path in front of me, closer to all I can be,  
The only one to bring me down is myself, destroy the  
path in front of me.

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