

## Henry Rollins "Shine"

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If I listened to everything they said to me I wouldn't be here  
If I took the time to bleed from all the tiny little arrows  
shot my way I wouldn't be here  
The ones who don't do anything are the always the  
ones who try to put you down  
You could spend your entire life in the nowhere land of  
self doubt  
When you start to doubt yourself  
The real world will eat you alive

It's time to align your body with your mind  
It's hero time  
It's time to align your body with your mind  
It's time to shine

I'm talking to you. hero time starts right now

If you think you've got 100 extra years to mess around  
you're wrong  
This time is real. your time is now. it's hero time.

Hard times are getting harder  
The liars are acting strong  
You better get a grip on yourself  
Or you won't be around too long

No such thing as spare time  
No such thing as free time  
No such thing as down time  
All you got is life time

I got grace in times of friction  
I got truth in times of fiction  
I got no time for the hype  
Suicide? sorry man I'm not that type

No time for drug addiction  
No time for smoke and booze  
Too strong for a shortened life span  
I've got no time to lose  
Shine

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